



Parafield Gardens Children's Centre

for Early Childhood
Development and Parenting



Government
of South Australia

9 Casuarina Drive
Parafield Gardens 5107
Ph: 8258 3659
Fax: 8285 5163

Email: dl.2654.leaders@schools.sa.edu.au

Website: <http://www.parafieldgardenscc.sa.edu.au>

2020 Term 4 Program

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Preschool / Kindy Program 8:00am -2:45/3:00pm	Preschool / Kindy Program 8:00am -2:45/3:00pm	Preschool / Kindy Program 8:00am-2:45/3:00pm	Preschool / Kindy Program 8:00am -2:45/3:00pm	Preschool / Kindy Program Once per term	Novita Community Playgroup
Occasional Care AM: 8:30 - 11:30 PM: 12:00 - 3:00	Occasional Care AM: 8:30 - 11:30 PM: 12:00 - 3:00	Early Explorers Group 9:15am-10:15am	Breakfast to Dinner 10:00am -12:30pm	Occasional Care AM: 8:30 - 11:30 NO AFTERNOON	Kids Blokes & Dad Jokes A fun and free group for Kids & their blokes 10:00-12:00pm October 17, 24, 31 November 7, 14, 21, 28 December 5, 12 All families & children are welcome
Over 2 years old AM: 8:30 - 11:30 PM: 12:00 - 3:00 Child needs to be enrolled and booked in advance. Contact the centre for details.	Over 2 years old AM: 8:30 - 11:30 PM: 12:00 - 3:00 Child needs to be enrolled and booked in advance	A weekly program for parents with children at 2 year of age and below supporting your child to explore and play. starting 21 Oct throughout the term	A 4 week free cooking program designed to help you eat and live well on a budget. Booking essential starting 22/10, 29/10, 5/11, 12/11	3 months - 4 years Morning session only 8:30 - 11:30 Child needs to be enrolled and booked in advance	
My Child and Me 9:30-11:30am By DHS	English Class 9:30am - 11:30am every week	Novita Community Playgroup 12:30pm - 2:30pm	Child and Families Health Services	MyTime 12:30-2:30pm	
A FREE 3 parenting workshops to build an understanding of your child and their healthy development. 9th, 16th & 23rd November. Bookings essential	Everyday English Session and Cultural Conversations starting 13 Oct Booking essential with Ina via 8406 8484 or call reception at 8258 3659. Crèche is available.	A weekly supported playgroup for children and families to learn and develop together. ALL WELCOME	CaFHS) provides free health checks for South Australian children at key developmental ages between birth and 6 years. Call 1300 733 606 to make appointment	Supports parents and carers of children with disability, development delay or chronic medical condition. Book with Silvana Zotti at 8159 9487	Dates To Be Advised for the following events: • Preschool Excursion/ Incursion • 2021 Preschool Orientation • Preschool Graduation and End of Year celebration
Early Parenting Program 1:00pm - 3:00pm	PLEASE NOTE THAT DUE TO COVID-19, BOOKINGS ARE ESSENTIAL FOR ALL PLAYGROUPS & PROGRAMS. Social Distancing guidelines must be followed.	Family by Family 3:00pm-6:30pm	Hand sanitiser is available for use upon entry to the Children's Centre. Social distance rules for adults apply		
5 week program for first time parents starting 19 Oct Call Child and Health Families Services 1300 733 606 for booking	Please contact individual agencies listed for more information or contact the Centre for general enquiries.	A network of families helping other families to make changes for better lives. Contact Tania Brown via phone no. 0407 198 229	IF YOU OR ANY MEMBER OF YOUR FAMILY ARE UNWELL PLEASE DO NOT ATTEND THE CENTRE	Northern Area Midwifery Group Practice	Women's Information Service
Pregnancy GP Shared Care Clinic		Northern Area Midwifery Group Practice			
Weekly conducted by Siobhan Lucas, Antenatal Share care Midwife Consultant from LMH. Contact 81829000 for further information		NAMGP offering one to one midwifery care and birthing options for all women. Contact Jo Clarke at 8182 9000 for further information		NAMGP offering one to one midwifery care and birthing options for all women. Contact Jo Clarke at 8182 9000 for further information	Women's Information Service (WIS) provides information and/ or refers the right services to SA women. Ph: 8303 0590 or 1800 188 158



What's on Term 4 - 2020

PLEASE NOTE THAT DUE TO COVID-19, BOOKINGS ARE ESSENTIAL FOR ALL PLAYGROUPS & PROGRAMS DUE TO REDUCED CAPACITY FOR NUMBERS OF PEOPLE ATTENDING.

SOCIAL DISTANCING GUIDELINES MUST BE FOLLOWED. PLEASE CONTACT INDIVIDUAL AGENCIES LISTED FOR MORE INFORMATION OR CONTACT THE CENTRE FOR GENERAL ENQUIRIES.

Preschool/ Kindergarten: is for children who turn 4 years old on or before 30 April. Children with ATSI background and Guardianship of Minister can attend from 3 years old.

Occasional Care: 2.5 hours of care for children whose parents/carers need to attend appointments, meetings or just to have a break. Children needs to be enrolled and bookings are essential. \$5.00 fee per session or \$1.50 if you have a Health Care Card or Concession Card.

My Child and Me is a free workshop that helps you and parents and carers build an understanding of your child and their healthy development. The workshops are full of helpful information with a choice of simple, practical strategies that each family can adapt for their own parenting situations.

Early Parenting Group: The Child and Adolescent Health Service (CaHFS) provides parents with support, health education and guidance about key health and developmental issues as becoming a parent and caring for a new baby can be a wonderful experience and, at times, it can be daunting and overwhelming. Come and meet other parents with your newborn babies (up to around 6 months old) in an informal group setting.

GP Shared Care: is an arrangement between a birthing hospital or other birth setting and a local practitioner (GP). This is a popular choice of care during pregnancy for healthy women with a normal pregnancy who choose the deliver their baby in a SA public hospital. Siobhan Lucas, the Antenatal Share Care Midwife Consultant is to help along the way and liaise with you, your family and your GP.

Early Explorers: a FREE group for parents with children up to 2 years age to come along to spend time with children and meet with others parents to support your children and play.

Novita Community Playgroup: a FREE weekly supported playgroup for children and families to learn and grow together. All families are welcome. Booking essential.

Family by Family links up families who are experiencing hard times with families who know what it is like and have ideas to share. If your family needs support, or if you think your family has something to offer to other family, call 7325 4949, email hello@familybyfamily.org.au or visit www.familybyfamily.org.au or [facebook.com/familybyfamily](https://www.facebook.com/familybyfamily)

Breakfast to Dinner: Each session starts with cooking a meal in bulk, so there is enough for you to enjoy and enough for you to take away. Topics include: general budgeting & saving money, reducing the cost of your energy bill, saving money on food shop, meal planning & cooking on a budget

Mytime is to support parents and carers of children aged 0-16 with disability, development delay or chronic medical condition. Book with Silvana Zotti at 81599487

Kids Blokes and Dad Jokes: a Saturday playgroup for children and the important blokes in their lives. Dads, uncles, step-dads, grandpas, poppas as well as the whole families all welcome! Please contact Andrew via the details given on front page for proposed activities, dates and locations.

Women's Information Service: to provide information and/or refer the right services to women who need support.

Northern Area Midwifery Group Practice is a model of maternity care where women receive one to one care with a **midwife** for their pregnancy, labour, birth and postnatal care.