



# Parafield Gardens Children's Centre

for Early Childhood  
Development and Parenting








Government  
of South Australia

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## 2021 Term 3 Program

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Preschool / Kindy Program</b> 8:00am - 2:45/3:00pm	<b>Preschool / Kindy Program</b> 8:00am - 2:45/3:00pm	<b>Preschool / Kindy Program</b> 8:00am-2:45/3:00pm	<b>Preschool / Kindy Program</b> 8:00am - 2:45/3:00pm	<b>Preschool / Kindy Program</b> Once per term	<b>Novita Dads Playgroup</b> 10am—12pm
<b>Occasional Care</b> AM: 8:30 - 11:15 PM: 12:00 - 2:45  Over 2 years old Child needs to be enrolled and booked in advance. Contact the centre for details.	<b>Occasional Care</b> AM: 8:30 - 11:15 PM: 12:00 - 2:45  Over 2 years old Child needs to be enrolled and booked in advance. Contact the centre for details.	 <p><i>Don't forget to SCAN the QR Code or write down your contact details for Covid Safe Check In and Contact Tracing before entering the centre. Thank you</i></p>		<b>Occasional Care</b> AM: 8:30 - 11:15 <b>NO AFTERNOON SESSION</b> Children from 3 months to 4 years. Children need to be enrolled and booked in advance	<b>Kids Blokes &amp; Dad Jokes</b> A fun and free group for Kids & their blokes <b>Every Saturday during school term</b> <b>10:00-12:00pm starting 24th July</b>
<b>PGCC Babies' Playgroup 0 - 6 months</b> 9:45 - 10:30 am	<b>English Class</b> 9:30am - 11:30am every week	<b>PGCC Early Explorers</b> 6 mths - 2 years 10:00 - 10:45 am	<b>Parenting in Australia</b> 9:30-12:00pm	<b>WE ARE ON FACEBOOK !</b>  To keep up to date with what's on at the Children's Centre, please follow us on our facebook at <b>Parafield Gardens Children's Centre</b>   like us on  <b>facebook</b> 	<b>"BEING A DAD"</b> 14/08/2021 9:30—12:00pm <b>All families &amp; children are welcome</b> Contact Scott 0438 784 851
Exploring your baby's interests through music, songs, and play whilst connecting with other families. For children 0 - 6mths ((pre-movers) <b>Starting 19th July fortnightly</b> Bookings essential with Liz, Julia or Phuong at 8258 3659	Basic English Session and Cultural Conversations <b>starting 20th July every week</b> Booking essential with Ina via 8406 8484 or call PGCC 8258 3659. Crèche is available.	Explore play, movement and different senses with your child in indoor and outdoor environments for children from 6mths to 2 years old. <b>Starting 28th July fortnightly</b> Bookings essential with Liz, Julia or Phuong at 8258 3659	A free 2 week Parenting and Family Support program for parents and carers to build an understanding of your child and their healthy development. Light refreshment and crèche provided. <b>5th &amp; 12th August</b> Bookings essential via 8258 3659		
<b>Pregnancy GP Shared Care Clinic</b>	<b>Can:Do 4Kids "Play to Grow"</b> 12:30 - 2:00pm	<b>Early Parenting Program</b> 9:45am- 11:45pm	<b>Child and Family Health Service</b> By appointment	<b>MyTime</b> 12:30-2:30pm	<b>Pupil Free Day</b> <b>Tues 31st Aug</b>
Weekly conducted by Siobhan Lucas, Antenatal Share care Midwife Consultant from LMH.  Contact 81829000 for further information	A small group parents & child program for children under 5 years of age with a development delay in areas such as speech, language, play, social development . Contact 8100 8264	5 week program for first time parents <b>starting 4th August</b> Call Child and Health Families Services <b>1300 733 606</b> for bookings.	CaFHS is a free health check service for all SA families with children aged 0-5 years. Call 1300 733 606 to make appointment	Supports parents and carers of children with disability, development delay or chronic medical condition. Book with Silvana Zotti at <b>8159 9487</b>	<b>Governing Council meeting dates:</b> <b>13 Aug</b> <b>10 Sep</b>
<b>Northern Area Midwifery Group Practice</b>		<b>Novita Community Playgroup</b> 12:30pm - 2:30pm	<b>First Aid Training for Parents</b> 2nd Sep	<b>Northern Area Midwifery Group Practice</b>	<b>Women's Information Service</b>
NAMGP offering one to one midwifery care and birthing options for all women.  Contact Jo Clarke at <b>8182 9000</b> for further information		A weekly supported playgroup for children and families to learn and develop together. ALL WELCOME <b>starting 21th July</b> Book with Briony at 0414 880 688	9:00am -12:00pm A free 3 hour course designed to give parents and carers' skills, knowledge and confidence to deliver first aid for common child-related injuries and illnesses. Bookings essential with Briony at 0414 880 688	NAMGP offering one to one midwifery care and birthing options for all women.  Contact Jo Clarke at <b>8182 9000</b> for further information	Women's Information Service (WIS) provides information and/or refers the right services to SA women. Ph: <b>8303 0590</b> or 1800 188 158



## What's on Term 3 - 2021

**PLEASE NOTE THAT DUE TO COVID-19, BOOKINGS ARE ESSENTIAL FOR ALL PROGRAMS DUE TO REDUCED CAPACITY FOR NUMBERS OF PEOPLE ATTENDING.**

**SOCIAL DISTANCING GUIDELINES MUST BE FOLLOWED.**

**Preschool/ Kindergarten:** is for children who turn 4 years old on or before 30 April. Children with ATSI background and Guardianship of Minister can attend from 3 years old. Contact **8258 3659** for enrolment.

**Occasional Care:** 2.75 hours of care for children whose parents/carers need to attend appointments, meetings or just to have a break. Children needs to be enrolled and bookings are essential. \$5.00 fee per session or \$1.50 if you have a Health Care Card or Concession Card. Contact **8258 3659** for enrolment and/or bookings

**Babies' Playgroup:** provides a great space for parents to connect and share their experiences whilst exploring their babies' interests through music, songs & other activities. This playgroup welcomes any family with babies who are pre-movers from 0-6 months. Bookings please call **8258 3659** or speak to **Liz or Julia** for further enquiries.

**English Class:** everyday English session and Cultural Conversations. Creche is available. Bookings essential with **Ina via 8406 8484 or Phuong at 8258 3659**

**Early Explorers:** a FREE group for parents with children up to 2 years age to come along to spend time with children and meet with others parents to support your children and play. Contact **Liz or Julia 8258 3659**

**Parenting in Australia** is a free workshop that helps you as parents and carers build an understanding of your child and their healthy development. The workshops are full of helpful information with a choice of simple, practical strategies that each family can adapt for their own parenting situations. Call **8258 3659** for bookings.

**Early Parenting Group:** The Child and Adolescent Health Service (CaHFS) provides parents with support, health education and guidance about key health and developmental issues as becoming a parent and caring for a new baby can be a wonderful experience and, at times, it can be daunting and overwhelming. Come and meet other parents with your newborn babies (up to around 6 months old) in an informal group setting. Contact **Liz or Julia 8258 3659**

**Novita Community Playgroup:** a FREE weekly supported playgroup for children and families to learn and grow together. All families are welcome. Booking essential via **Briony 0414 880 688**

**First Aid Training:** A free 3 hour course designed to give parents and carers' skills, knowledge and confidence to deliver first aid for common child-related injuries and illnesses. Bookings essential with **Briony at 0414 880 688**

**CanDo4Kids:** Early Intervention services work directly with children and young adults with sensory impairment by focusing on what children 'can do' and helping them to reach their full potential. Contact **8100 8264** for bookings

**Child and Family Health (CaFHS):** provides free health checks for children at key development ages between birth and 6 years. To make appointment please call **1300 737 606**

**Mytime** is to support parents and carers of children aged 0-16 with disability, development delay or chronic medical condition. Book with **Silvana Zotti at 81599487**

**GP Shared Care:** is an arrangement between a birthing hospital or other birth setting and a local practitioner (GP). This is a popular choice of care during pregnancy for healthy women with a normal pregnancy who choose the deliver their baby in a SA public hospital. Siobhan Lucas, the Antenatal Share Care Midwife Consultant is available to help along the way and liaise with you, your family and your GP. Contact **8182 9000**

**Kids Blokes and Dad Jokes:** a Saturday playgroup for children and the important blokes in their lives. Dads, uncles, step-dads, grandpas, poppas as well as the whole families all welcome! Please contact **Scott 0438 784 851** for proposed activities, dates and locations.

**Women's Information Service:** to provide information and/or refer the right services to women who need support. Contact **8303 0590 or 1800 188 158**

**Northern Area Midwifery Group Practice** is a model of maternity care where women receive one to one care with a **midwife** for their pregnancy, labour, birth and postnatal care. Contact **8182 9000** for bookings.